



# Setting Up a Good Nursing Room

Lactation spaces don't need to be large or elaborate! They need to be comfortable, clean, and private. Here are some ideas for what to have in your space:



Comfortable chair.



Side table.



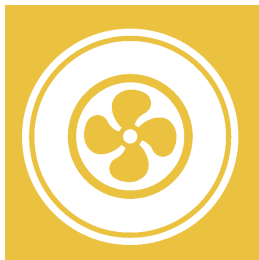
Locking door.



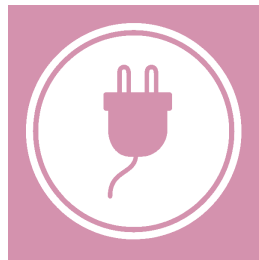
Appropriate lighting.



Mini fridge.



Small fan.



Electrical outlet.



Sink or place for washing.



Calming art or pictures.

How can schools pay for lactation spaces? Consider bond, building, or general funds. Also consider reaching out to your PTA, community partners, or your local OEA affiliate for sponsorship of items.

